

Class 1A-Regional #24
Hosted by: Western Kansas Liberty League
Friday May 19,2017

Admission: \$5.00—Adults \$4.00—K-12 Students
Location: Fort Hays Track and Field
Facility/Surface: 8-Lane Rubberized Surface; All Jumping Runways are Rubberized, Shot-Put & Discus rings are Concrete; Javelin Runway is grass.
Coaches Meeting: 11:00 am – for throwing at Victoria
12:45 pm—Shed Behind Concessions stand at Fort Hays

Implement Weigh-In 10:30am—11:30pm—Shed by stadium, (right next to parking area)
Field Events: 11:00am Shot-Put, Discus, Javelin
1:00pm LJ, TJ, HJ, Pole Vault
3 attempts in all events (Prelims)
7 to Finals (LJ, TJ, Shot-Put, Discus, Javelin)

Running Events: 2:30pm Preliminaries
4:30pm Finals

Schools: Almena-Northern Valley HS Bird City-Cheylin HS
Brewster HS Downs-Lakeside HS
Grainfield-Wheatland HS Kensington-Thunder Ridge HS
La Crosse HS Logan HS Natoma
HS Osborne HS
Otis-Bison HS Palco HS
Quinter HS Ransom-Western Plains HS
Rexford-Golden Plains HS Sharon Springs-Wallace County HS
St. Francis HS Stockton HS
Sylvan Grove-Sylvan-Lucas Unified HS
Tipton Catholic HS Victoria HS
Weskan HS Wilson HS
Winona-Triplains HS

Entries: Close: Saturday, May 13th @8:30pm. (Entries need to be completed on the KSHSAA website)
Seeding: Seeding will occur on Monday, May 15th by 6:00pm.
Scoring: 6 Places for both individual and relay events (10-8-6-4-2-1)
Results: Please use the online link below to access all heats and seeds prior to the meet and for all results throughout the meet.
Awards: Medals will be awarded for the 1st-3rd place finishers.
Team Championship and Runner-Up plaques will be awarded to each division.

REGIONAL – OFFICIAL ORDER OF EVENTS

Field Events:

High Jump (Girls, Boys)
Pole Vault (Boys, Girls)
Long Jump (Run Simultaneously)
Triple Jump (Run Simultaneously)
Shot-Put (Run Simultaneously)
Discus (Run Simultaneously)
Javelin (Boy, Girls)

Preliminaries – 2:30 PM (CST)

2:30 PM Girls 100 M Hurdles (33")
2:40 PM Boys 110 M Hurdles (39")
2:50 PM Girls 100 M Dash
3:00 PM Boys 100 M Dash
3:10 PM Girls 200 M Dash
3:20 PM Boys 200 M Dash

Finals - Running events:

3:30 PM Girls 4 x 800 M Relay
3:45 PM Boys 4 x 800 M Relay

Break- 30 minutes

Finals-4:30 PM (CST)

4:30 PM Girls 100 M Hurdles (33")
4:35 PM Boys 110 M Hurdles (39")
4:40 PM Girls 100 M Dash
4:45 PM Boys 100 M Dash
4:50 PM Girls 1600 M Run
5:00 PM Boys 1600 M Run
5:10 PM Girls 4 x 100 M Relay
5:20 PM Boys 4 x 100 M Relay
5:30 PM Girls 400 M Dash
5:40 PM Boys 400 M Dash
5:50 PM Girls 300 M Hurdles (30")
6:00 PM Boys 300 M Hurdles (36")
6:10 PM Girls 800 M Dash
6:20 PM Boys 800 M Dash
6:30 PM Girls 200 M Dash
6:35 PM Boys 200 M Dash
6:40 PM Girls 3200 M Run
6:55 PM Boys 3200 M Run
7:10 PM Girls 4 x 400 M Relay
7:20 PM Boys 4 x 400 M Relay

***Time Schedule is only a guide. A rolling schedule will be used.**

- Parking: There will be a drop off/ pick up zone right next to the main gate to the track. Once your team is dropped off the busses will park behind the baseball area. (There will be a person directing traffic at the start of the day.) The drop off zone is also reserved for any patrons that are handicapped or elderly.
- Pass Gate: The pass gate will be located at the entrance to the track. Athletes must have a wrist band on in order to compete.
- Equipment: Please advise athletes that only ¼" spikes are allowed on rubberized surfaces. Throwing events, I would highly recommend that everyone bring a towel for their implements.
- Infield: During the field events coaches may enter the infield to coach their athletes, per KSHSAA rule, at the HJ, LJ, TJ, and Pole Vault. During the running events no one but athletes warming up for their races will be allowed in the infield.
- Weather: In the event of severe weather we will all go over to Gross Memorial Colosseum. In the event of any other weather listen for announcements the day of.
In the event that there is a delay due to weather and we are not able to complete the meet on Friday, May 19th the make-up date will be Saturday, May 20th.
- Hospitality: There will be a hospitality room located in the meeting room (more information during coaches meeting). **The hospitality room is for participating coaches, administrators, bus drivers and meet workers only.**